

# Ride and Roll Prevention Program

## Brain Injury Association of Mississippi

Name of School:

Date: Start Time: 9:00

On the date of the event, the staff will be meeting with large groups of children in two different areas of the school.

Presentation Area:

One group will meet in the presentation area, learning about the brain and helmet safety, which includes the following topics:

- Where is the Brain
- What does the Brain do
- How should my helmet fit
- Different types of helmets
- Brain and Spinal Cord Injuries

The following supplies will be needed:

- Large area (such as the gym or auditorium)
- PA System

Helmet Fitting Area:

While one group is in the presentation, we ask that the youngest children go to the helmet fitting first. In this area, the helmets will be broken down into 4 different stations in another large room such as the gym or large classroom. The presentation and helmet fitting CAN NOT be in the same room.

Each station will consist of all size helmets.

Example: At station 1, there will be a box of XS, SM, and XL helmets depending on what was ordered and received.

Four Classrooms can be fitted at the same time. Each classroom will go to 1 of the 4 stations that will already be set up. After each child in that classroom is fitted, the class may return back to their room. It is suggested that the teachers write the names of their students on the helmets once back in the classroom. This allows for a continuous flow of traffic.

**NEEDS FOR THIS AREA: 12 VOLUNTEERS**

**AN ABSENTEE LIST WILL BE COLLECTED FROM THE SCHOOL OFFICE AT THE END OF THE DAY TO ENSURE THAT EVERY STUDENT RECEIVES A HELMET.**

Please sign and fax back to Brain Injury Association at 601-981-1039.

Thank you for your assistance with our program. If our working together prevents one brain injury in your school, it is worth all that we may do that day.

Principal Signature (required):